

# Healing Hallways

Clinician Training Workshop for High School  
Shootings

# Day 1: Trauma and Grief Foundations

## Today's Learning Objectives:

- Identify adolescent trauma responses
- Recognize high-risk factors
- Distinguish between grief and trauma
- Practice grief-related clinical responses

# Day 1 Agenda:

Case study example

Module 1 – Adolescent trauma responses

Case study activity

Module 2 – Grief and Loss

Role-playing activity

Reflection

# Columbine Case Study: Adolescent Impact

## Local:

- Hypervigilance
- Sleep Interruptions
- Absenteeism
- Survivor guilt

## National:

- Absenteeism
- Safety Concerns
- Parental Interventions

# Module 1: Adolescent Trauma Responses

- Identity disruption
- Risk-taking behaviors
- Hypervigilance
- Social and academic withdrawal
- Mood changes

# Risk Factors

Prior Trauma

Pre-existing mental  
health diagnoses

Lack of caregiver  
support

Exposure severity

Neurodevelopmental  
disorders

# Case Study Activity

01

Review the student behaviors presented in the case example

02

Identify which behaviors a clinician should flag for closer attention

03

Connect each concern to a possible trauma response or high-risk factor

04

Be prepared to explain your rationale to the larger group

# Debrief Session



What concerns stood out first, and why?



Which student behaviors seemed most urgent from a clinical perspective?



What would you want to assess first in an initial conversation?